

## Garmin:

### CYCLING

"CYCLING",  
"CYCLOCROSS",  
"DOWNHILL\_BIKING",  
"INDOOR\_CYCLING",  
"MOUNTAIN\_BIKING",  
"RECUMBENT\_CYCLING",  
"ROAD\_BIKING",  
"TRACK\_CYCLING",  
"VIRTUAL\_RIDE",  
"GRAVEL\_CYCLING",  
"INLINE\_SKATING"

### RUNNING

"CASUAL\_WALKING",  
"HIKING",  
"INDOOR\_RUNNING",  
"RUNNING",  
"SPEED\_WALKING",  
"STREET\_RUNNING",  
"TRACK\_RUNNING",  
"TRAIL\_RUNNING",  
"TREADMILL\_RUNNING",  
"VIRTUAL\_RUN",  
"WALKING",  
"CROSS\_COUNTRY\_SKIING\_WS",  
"SKATE\_SKIING\_WS",

### EXERCISES

"ELLIPTICAL",  
"FITNESS\_EQUIPMENT",  
"INDOOR\_CARDIO",  
"INDOOR\_ROWING",  
"LAP\_SWIMMING",  
"OTHER",  
"PILATES",  
"ROWING",  
"STAIR\_CLIMBING",  
"STRENGTH\_TRAINING",  
"SWIMMING",  
"YOGA",  
"OPEN\_WATER\_SWIMMING",

## Polar:

### CYCLING

"CYCLING",

"DUATHLON\_CYCLING",  
"INDOOR\_CYCLING",  
"MOUNTAIN\_BIKING",  
"OFFROADDUATHLON\_CYCLING",  
"OFFROADTRIATHLON\_CYCLING",  
"ORIENTEERING\_MTB",  
"ROAD\_BIKING",  
"SPINNING",  
"TRIATHLON\_CYCLING",  
"INLINE\_SKATING",  
"ROLLER\_BLADING"

## **RUNNING**

"RUNNING",  
"DUATHLON\_RUNNING",  
"HIKING",  
"JOGGING",  
"OFFROADDUATHLON\_RUNNING",  
"OFFROADTRIATHLON\_RUNNING",  
"ROAD\_RUNNING",  
"TRIATHLON\_RUNNING",  
"ULTRARUNNING\_RUNNING",  
"WALKING",  
"NORDIC\_WALKING",  
"TRACK\_AND\_FIELD\_RUNNING",  
"TRAIL\_RUNNING",  
"TREADMILL\_RUNNING",  
"CROSS-COUNTRY\_SKIING",

## **EXERCISES**

"AEROBICS",  
"AQUATICS",  
"CROSS\_TRAINER",  
"EXERCISE",  
"FITNESS\_STEP",  
"FREE\_MULTISPORT",  
"FUNCTIONAL\_TRAINING",  
"GROUP\_EXERCISE",  
"GYMNASTICK",  
"HIIT",  
"INDOOR\_ROWING",  
"OTHER",  
"OTHER\_INDOOR",  
"OTHER\_OUTDOOR",  
"PILATES",  
"POOL\_SWIMMING",  
"STRENGTH\_TRAINING",  
"SWIMMING",

"YOGA",  
"MOBILITY\_DYNAMIC",  
"MOBILITY\_STATIC",  
"OFFROADTRIATHLON\_SWIMMING",  
"OPEN\_WATER\_SWIMMING",  
"TRIATHLON\_SWIMMING",

## Strava

### CYCLING

"Ride",  
"EBikeRide",  
"VirtualRide",  
"InlineSkate",

### RUNNING

"Walk",  
"Run",  
"Hike",  
"VirtualRun",  
"NordicSki",

### EXERCISES

"Crossfit",  
"Yoga",  
"Workout",  
"WeightTraining",  
"StairStepper",  
"Swim"